



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Y Story of the Month

The YMCA means something different to everyone. For some it is a place to workout, swim, or start a pick-up game of basketball. For others it's a place to connect with friends, learn new skills, or find support. Everyone has a Y Story, a story that will always connect them to the YMCA. Here is this month's story:

If you're here weekdays between 7:00am and 8:30am, you'll recognize Bill Mann's smiling face as a familiar fixture at the Williams YMCA.

In August of 2012, Bill made the difficult decision to place his wife of 57 years into a long term care facility. Glenis had been battling Alzheimer's disease for four years, and they could no longer get by on their own.



Worried that Bill would get lonely, his son's family gave him a very special Christmas gift: a one year membership to the Williams YMCA. When Bill tried to protest: "I don't even know where the Y is;" his daughter-in-law Roxanne replied: "You'll find it." And he did – on January 2, 2013. On the day that Bill joined, he shared a bit about his situation with the membership associate; and when he came back the following week, she shared with him that she had put his wife on the prayer list at church. "I knew then that I was in the right place." Bill says, "I've been back just about every day since."

Bill has made it his mission to know everyone on the morning crew – employees and members alike. He notices when the regulars are missing, and often even comments when someone comes in late. He's a prayer warrior, and makes his love of our community known in the warm greetings he shares with everyone he sees.

In February of 2018, Bill laid his beautiful wife Glenis to rest. Again, his family worried about him being all alone in the mountains. This time, he was ready with his response: "Don't worry about me, I've got family up here: The Y."

---

## JOIN OUR TEAM!

Do you know what the best part about working at the YMCA is?

Knowing you are strengthening the foundations of our community!

The Y is a great place to work with great benefits for staff including free access to use our facilities and more.

As we continue to expand the programs we offer and the number of people we serve continues to grow, we have a need for great people that believe in our cause. If you or someone you know is interested in joining us on this mission, please send us your applications today!

### ATHLETICS MEMBERSHIP ASSOCIATE

Love getting to know new people and all things sports? This position works in the YMCA's Athletic facility helping members, assisting in sports clinics and tournaments, setting up various sports equipment and more! Knowledge of various sports helpful but not required. This is a part time position, various shifts available including daytime,



evenings and weekends. Must be at least 18yrs or older. For more information or to apply, please email applications and/or resumes to Laura Foley, [lauraf@ymcaavery.org](mailto:lauraf@ymcaavery.org).



## LIFEGUARD

Make a difference this Summer by joining our Lifeguard team! Lifeguards are responsible for supporting and enforcing the rules, regulations, and safety of the pool facility and associated programs. A Lifeguard certification required for lifeguard position and WSI certification recommended. Some related work experience with pool operations preferred, but not required. For more information or to apply, please send applications and/or resumes to Hannah Taber, [hannaht@ymcaavery.org](mailto:hannaht@ymcaavery.org)



## MEMBERSHIP SERVICES ASSOCIATE

Be the friendly face that everyone knows and loves by working as a Membership Services Associate. Member Services Associates are responsible for managing the Membership Services desk – checking members in, assisting with member inquiries, program registrations and processing new member applications and membership changes. For more information or to apply, please send applications and/or resumes to Sonia Polechio, [soniap@ymcaavery.org](mailto:soniap@ymcaavery.org).

For a full description of the positions above or to see our other openings visit our website at <https://www.ymcaavery.com/about-us/join-our-team/>

## UPCOMING PROGRAMS FOR YOU...



### Drop-In Child Care is Back

Starting June 1, drop in child care will be in the CDC and beginning June 7th, there will be a group of the youngest kids for summer camp in AYC. For more information about drop in child care and other Youth



### Summer Soccer Clinic

While our Kids Club Sports are paused for the Summer we are offering a variety of other opportunities for you and your kids to get out and play! Basketball Camp, Soccer Clinics, and Volleyball Club are just a



### June Swim Club Registration Now Open

Don't forget to register for the June Swim Club at our Aquatics Center! Now being offered on Wednesdays and Fridays from 9-10 am, Swim Club is a great way to

Programming visit our [website](#).  
CDC Hours:  
M-F: 9am-1pm & 4-7pm  
Saturday: 8am - 12pm



### Walk-Fit Program Starts In June

The Walk-Fit program will be coming back to the YMCA this summer. Led by Sheila Bauer the Walk-Fit program is a great way to catch up with new and old friends while improving your cardiovascular endurance. This program will meet outside where participants can choose how far and how fast they want to walk. Check out the [Community Outreach](#) page on our website for more information or contact [Sheila Bauer](#).

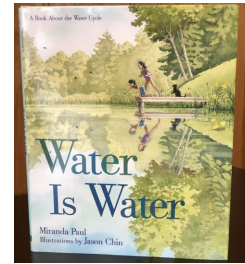
few. For more information about these and other Athletic programs visit our [Athletics page](#).



### New Group Exercise Class: DanceFitness

This 45 minute class combines upbeat songs with easy to follow dance moves into a fun and energizing calorie burning workout! No experience necessary! Find out when you can join the fun by downloading our [June Group Exercise Schedule](#).

learn and improve swim skills. For more information or to register visit our [website](#).



### Riverside Story Trail Has a New Story

June 1st we will be installing our next Riverside Story Trail book in Mitchell County. 'Water is Water' by Miranda Paul will be the featured book that allows children and adults to explore water in motion while walking the Riverside Park trail. For more information about the work taking place in Mitchell County visit our [website](#).

---

## MARK YOUR CALANDERS...

### June Group Exercise Schedule

Summer Group Exercise has never looked better! Be sure to check out the days and times of your favorite classes and see our new class offerings!

[June Schedule](#)

### Parent and Me Swim Program

Offered at no cost, this program is for new parents with children ages 6 months to 3 years old. Parents will be in the pool with their child learning basic pre swimming skills with songs and toys. We will be offering this every Tuesday and Thursday 11-11:30am. For more information contact Hannah Taber, Aquatics Director.

[Contact Hannah Taber](#)

### Adult Kickball Starts in July!

Ready for something new and fun? Starting July 8th the Athletics Department will be offering Adult Kickball Thursday evenings, July 8-29 at the Avery County High School Softball field.

Team captains can register their team now! Ages 13+, minimum of 7 players. \$140 per team. Registration is open now until June 30. Organizations, companies, and other groups are encouraged to form a team and show us what you've got!

[Register Now](#)

---

Connect with us on:

