

SEPTEMBER AQUATICS SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
	Lap Lanes	Classes	Lap Lanes	Classes	Lap Lanes	Classes	Lap Lanes	Classes	Lap Lanes	Classes	Lap Lanes	Classes				
7:00-8:00AM	LAP SWIM 7:00AM-8:00AM AND 10:00AM-2:00PM RESERVE ONLINE		LAP SWIM 7:00AM-9:00AM AND 10:00AM-2:00PM RESERVE ONLINE		LAP SWIM 7:00AM-8:00AM AND 10:00AM-2:00PM RESERVE ONLINE		LAP SWIM 7:00AM-9:00AM AND 10:00AM-2:00PM RESERVE ONLINE		LAP SWIM 7:00AM-8:00AM AND 10:00AM-2:00PM RESERVE ONLINE		OPEN AT 8AM					
8:00-9:00AM		Water Fit - Member Led				Water Fit - Member Led					Water Fit - Member Led			OPEN SWIM 8:00AM-3:30PM FIRST COME, FIRST SERVE		
9:00-10:00AM		Water Fit - Rose				Water Fit - Rose					Water Fit - Rose				Parent & Me Swim Lessons 9-9:45am	
10:00-11:00AM																
11:00-12:00PM															BIRTHDAY PARTY AVAILABLE SLOTS: 11:00AM-1:00PM & 1:30PM - 3:30PM	
12:00-1:00PM																
1:00-2:00PM																
2:00-3:00PM								Swim Lessons Available					Swim Lessons Available			
3:00-4:00PM														2:00-5:30 SWIM LESSONS AVAILABLE	CLOSED AT 4PM	
4:00-5:00PM	OPEN SWIM FIRST COME, FIRST SERVE	GROUP SWIM LESSONS/Parent and ME 3:45pm-5:15pm	OPEN SWIM FIRST COME, FIRST SERVE	SWIM CLUB AND JR SWIM CLUB		FAMILY SWIM TIME 3:00-5:00PM		SWIM CLUB AND JR SWIM CLUB								
5:00-6:00PM				Swim Lessons Available		2:00-5:30 SWIM LESSONS		Swim Lessons Available	BIRTHDAY PARTY AVAILABLE SLOTS: 5:30PM-7:30PM							
6:00-7:00PM		5:30-6:30PM Water Fit-Lucy		5:30-6:30PM Water Fit-Lucy		5:30-6:30PM Water Fit-Lucy		5:30-6:30PM Water Fit-Lucy								
7:00-8:00PM																
CLOSED AT 8PM																

Aquatics Class Offerings and Program Details:

**Monday, Wednesday & Friday - 7:00am-8:00am and 10:00am-2:00pm
Tuesday & Thursday - 7:00am-9:00am and 10:00am-2:00pm**

There are 3 LAP LANES open during these times for lap swimming, water fit and kids are welcome at this time as well, make a reservation to assure a lane. On Monday, Wednesday and Fridays we have lap lanes available on a first come first serve basis from 8:00 am-10:00am as WaterFit is going on at this time.

Monday, Wednesday, Friday - WATER FIT- 8:00-9:00am (Member Led)

Open to all ages/skill level, lap swim is permitted but may be limited to ONE lap lane depending on size of class

Monday - Thursday 5:30 - 6:30pm Water Fit (Lucy)

Taught in pool by Lucy, open to all ages/skill level, lap swimming is permitted but may be limited to ONE lane depending on size of class

Tuesday and Thursday - Junior Swim Club - 4:00 - 5:00pm - Swim Club - 4:00 - 5:00pm

Taught by Faith and Lucy, For all ages that can pass the swim test and/or can swim alone without help, Open swim/lap swim is permitted during these classes, however this class utilizes at least one lap lane during class (Fee of \$20 for members & \$50 for non members per month)

Birthday Parties:

These can be reserved on Fridays from 5:30-7:30pm, Saturdays from 11:00am-1:00pm or 1:30pm-3:30pm

Swim Lessons:

All Swim Lessons are reserved through our Membership Desk or Aquatics Department. Private Lessons will be held during the week and Group Swim Lessons will be held on Monday Afternoons from 3:45pm-4:30pm and Saturday Mornings from 9:45am-11:15am. We also have Parent and Me Lessons on Mondays from 4:30-5:15pm and Saturdays from 9:00am-9:45am. If you are interested in signing your child up for lessons please contact our Aquatics Department at swimlessons@ymcaavery.org.

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